

# Work in Style Size Guide



## Work in Style Female Size Chart - Tops/Dress

Bust inches	30	32	34	36	38	40	42	44	46	48	50	52
Dress size	8	10	12	14	16	18	20	22	24	26	28	30

## Work in Style Female Size Chart - Trouser/Waist

Hips inches	32	34	36	38	40	42	44	46	48	50	52	54
Hips cm	81	86	91	96	101	106	112	117	122	127	132	137

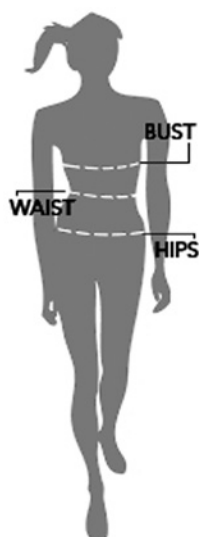
## Work in Style Male Size Chart - Tops/Chest

Chest inches	36	38	40	42	44	46	48	50	52
Chest cm	91	96	101	106	112	117	122	127	132

## Work in Style Male Size Chart - Trouser/Waist

Waist inches	28	30	32	34	36	38	40	42	44	46	48	50	52
Waist cm	71	76	81	86	91	96	101	106	112	117	122	127	132

Inside Leg - Regular in/cm 31 / 79    Long in/cm 33 / 84



### Measuring Yourself Tips - Female

#### Where you need to measure

While very few women actually have 34-26-36 measurements, the three numbers are a good reminder of where you need to measure yourself for clothes. These are the points where a woman's body usually curves in and out the most.

#### Bust/Chest

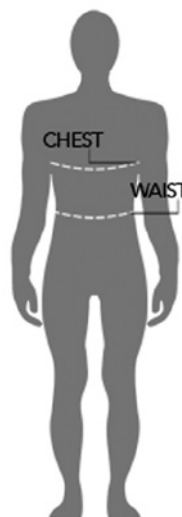
Let your arms hang naturally at your sides. Have someone measure you with the measuring tape parallel to the ground. Have your friend measure under your underarms, around your back and over the fullest part of your bust. Make sure the measuring tape is snug but not tight.

#### Waist

Bend over to one side to find the spot where your waist naturally creases. Measure this spot; it should be right under your navel. Keep the measuring tape parallel to the floor and snug against your skin, but don't pull it tight.

#### Hip

Stand up straight with your feet together. Have a friend measure over your hips and rear, around the fullest part. Make sure to keep the measuring tape parallel to the floor.



### Measuring Yourself Tips - Male

#### Chest

Stand up straight with your arms hanging straight at your sides. Have someone measure the fullest part of your chest, over your shoulder blades and under your underarms. Keep the measuring tape parallel to the ground.

#### Waist

Bend over to one side to find the spot where your waist naturally creases. Measure this spot; it should be right under your navel. Keep the measuring tape parallel to the floor and snug against your skin, but don't pull it tight.

#### Inside Leg

Measure from the top of the inside leg at the crutch to the ankle bone.